

# STÉPHANE PROVENCHER

PH.D., D.C., I.M.D., PSc.D., F.I.M., F.I.C.S., F.A.M.,  
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## LANGUAGES

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French and English

## EMPLOYMENT

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- 2016 - present Faculty Instructor  
*Lifestyle Prescriptions® University*  
Cheyenne, WY
- 2012 - present Holistic Family Chiropractic & Integrative Physician, Owner  
*Gainesville Holistic Health Center*  
Gainesville, VA
- 2014 - present Vice-President, volunteer  
*Whole-Listic Children's Foundation*  
Gainesville, VA

## EDUCATION

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- 2019 Ph.D./ Doctorate and Ph.D. in Integrative Medicine  
IMD *Quantum University, (HI) USA*
- 2019 CFMP® Certified Functional Medicine Practitioner  
*Functional Medicine University, (SC) USA*
- 2019 FAM Fellow in Alternative Medical Practitioner  
*American Alternative Medical Association, (TX) USA*
- 2019 FHH Fellow in Holistic Health Practitioner  
*American Association of Drugless Practitioners, (TX) USA*
- 2018 FICS Fellowship in Chiropractic Craniopathy  
*SORSI and ICS, (ID) USA*
- 2018 CHC Certified Homeopathic Consultant  
*New Eden School of Natural Health & Herbal Studies, (IN) USA*
- 2017 PSc.D. Pastoral Science & Medical Doctorate  
*Pastoral Medical Association, (TX) USA*
- 2017 CLPHC Certified Lifestyle Prescriptions® Health Coach  
*Lifestyle Prescriptions™ University, (WY) USA*
- 2017 BCAMP Board Certified Alternative Medical Practitioner  
*American Alternative Medical Association, (TX) USA*
- 2017 BCHHP Board Certified Holistic Health Practitioner  
*American Association of Drugless Practitioners, (TX) USA*

2017	FIM	Fellowship in Integrative Medicine, <i>American Association of Anti-Aging, Boca Raton (FL) USA</i>
2017	BCHHP	Board Certified Holistic Health Practitioner <i>American Association of Drugless Practitioners, (TX) USA</i>
2015	DICS	Diplomate in Chiropractic Craniopathy <i>SORSI and ICS, (ID) USA</i>
2012	CC	Craniopathy Certification <i>SORSI and ICS, (ID) USA</i>
2007	DC	Doctor of Chiropractic Degree, <i>Logan College of Chiropractic, (MO) USA</i>

#### **ACADEMIC & PROFESSIONAL HONORS**

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August 2019	Lifestyle 9 <sup>th</sup> annual Best of Gainesville and Haymarket Virginia of the Year 2019
May 2019	Holistic and Integrative Medicine Practitioner of the Year 2019
June 2019	Talk of the Town Award, Haymarket VA 2019
May 2018	Holistic and Integrative Medicine Practitioner of the Year 2018
March 2018	Talk of the Town Award, Haymarket VA 2018
December 2017	America's Top Chiropractors of the Year 2017
September 2017	Talk of the Town Award, Haymarket VA 2017
May 2017	Holistic and Integrative Medicine Practitioner of the Year 2017
December 2016	America's Top Chiropractors of the Year 2016
August 2016	Talk of the Town Award, Haymarket VA 2016
July 2016	Certificate of Recognition for Podium Presentation at the <i>International Conference on Holistic Medicine and Holistic Nursing</i>
July 2016	Certificate of Appreciation for Outstanding Leadership, Commitment and Engagement toward Moderating the <i>International Conference on Holistic Medicine and Holistic Nursing</i>
June 2016	Holistic and Integrative Medicine Practitioner of the Year 2016
August 2015	Talk of the Town Award, Haymarket VA 2015
August 2015	America's Top Chiropractors of the Year 2015
August 2014	Talk of the Town Award, Haymarket VA 2014
August 2013	Talk of the Town Award, Haymarket VA 2013
August 2013	America's Top Chiropractors of the Year 2012

August 2012	America's Top Chiropractors of the Year 2011
September 2011	Presidential Research Award by SORSI
October 2010	Presidential Appreciation Award by SORSI
May 2010	First prize for best podium presentation at the AHC 30 <sup>th</sup> Research Conference, St Louis MO
November 2009	First prize for best poster presentation at the COCA 8 <sup>th</sup> Biennial Research Conference, Sydney Australia
October 2009	Researcher of the Year 2009 by SORSI
October 2009	America's Top Chiropractors of the Year 2009
October 2008	DeCamp Research Award by SORSI
December 2007	Health Center Achievement Award & Clinical Assistant Award by LCC
December 2007	Who's Who among students in American Universities Awards

## **PROFESSIONAL EXPERIENCES**

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February 2010 - Present	Chiropractic Research Alliance (CRA) <i>Member-at-Large</i>
April 2009 – Present	Sacro Occipital Research Society International, Inc. (SORSI) <i>Chairman of Research</i>
April 2008 - Present	SORSI Mid-Year Research and Education Symposium <i>Certified Instructor</i>
October 2008 - Present	SORSI Homecoming Symposium <i>Certified Instructor</i>
April 2009 – April 2012	SORSI <i>Charge of Webinars &amp; Newsletters</i>
September 2007 – September 2008	Logan College of Chiropractic, SOT™ & Gonstead Technique Classes <i>Volunteer Assistant Instructor</i>

## **AUTHOR**

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2019	The Truth Behind the Subconscious Mind <i>eBook. Lead author with Rose Buono</i>
2018	Chiropractic – A Layperson Explanation <i>eBook. Author</i>
2018	Beginners Guide to Paleo Diet <i>eBook. Lead author with Gina Phelps.</i>
2018	The Gluten Freedom – A Basic Guide to Life Gluten Free. <i>eBook. Lead author with Gina Phelps.</i>

- 2018 Lyme Disease – A Better Understanding. *eBook. Author.*
- 2018 Sleep Well – A Whole-Listic Remedy Guide for Healthful Sleep. *eBook. Author.*
- 2017 America's STAR Entrepreneurs - the Power of Purpose. *Author and contributor among with Joe Vitale, Dr. Deepak Chopra MD, Dr. John F. Demartini. America's Legacy Library. ASIN B078FYD9QP*
- 2016 Beyond the Back: The Chiropractic Alternative for Conditions Beyond the Back: 9 Top Chiropractors Share How They Help Patients Avoid Drugs and Surgery Naturally, *Co-author. Prominence Publishing, ISBN: 978-0-9737453-2-0*
- 2015 Leaders and Legends of America  
*Author and Contributor among Dr. Wayne Dyer, Louise Hay, Bob Proctor, Jack Canfield, Brian Tracy, Dr. John Demartini, Less Brown, and more. America's Legacy Library, ISBN: 978-1-4951-6544-3*
- 2014 Billionaire Parenting - Give Your Kids the World  
*Lead authored with Jennifer Luc. iUniverse, ISBN: 978-1491734575*

#### **PROFESSIONAL CERTIFICATIONS**

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- September 2018 Professional EFT Diploma  
*By KEW TRAINING ACADEMY LTD*
- September 2018 Professional Accredited EFT Diploma  
*By Karen E. Wells*
- September 2018 Dialectical Behaviour Therapy (DBT) Certificate  
*By Elmira Strange*
- August 2018 Mindfulness Practitioner Level I, II, II & Master  
*By Achology Ltd*
- December 2017 Cognitive Behavioral Therapy (CBT) Life Coach Certification  
*By Renaissance Life Therapies*
- December 2017 Laughter Facilitator Certification  
*By Joeel and Natalie Rivera*
- December 2017 Happiness Life Coach Certification  
*By Joeel and Natalie Rivera*
- December 2017 Advanced Level – Child Psychology Certificate  
*By Elmira Strange*
- November 2017 REBT – The modern effective therapy system  
*By Renaissance Life Therapies*
- August 2016 Auriculotherapy  
Hypnotherapy  
Neuro-Linguistic Programming (NLP)  
Aromatherapy  
Creative Integrative Healthcare Training  
Quantum Physic: New Context for Medicine  
New Quantum Biology for Medicine

Quantum Healer; Quantum Doctor; Quantum Biology  
 Quantum Health Care Management  
 Health Freedom Options  
 Biofeedback Practitioner Training  
 Quantum Hematology  
 Quantum Healing and Consciousness  
 The Five Pillars of Health  
 Quantum Hormonology  
 Quantum Taoist Medicine and Acupuncture  
 Integrative Holistic Healthcare  
 Quantum Homeopathy and Homotoxicology  
 New Quantum Medicine  
 Historical Surveys and Foundations  
 Orthomolecular Nutrition  
 Herbal Medicine  
 Nutrition, Diet and Nutrition & Nutrition in Action  
*By Quantum University*

- June 2016 Eye Movement Integration™  
*by American Hypnosis Training Academy*
- June 2015 Access the Bars®  
*by Access Consciousness®*
- June 2014 Solaris Energetic Healing Level 1, 2, 3  
*by Solaris Energetic Healing LLC*
- November 2010 Pediatric and Pregnancy 180 hrs Certification  
*by International Chiropractic Pediatric Association (ICPA)*
- April 2010 SOT® Method Advance Certification  
*by SORSI*
- September 2009 Webster Technique Certified  
*by ICPA*
- October 2008 SOT® Method Basic Certification  
*by SORSI*
- September 2008 Two Chiropractic Pediatrics 36 hrs Certificates  
 / January 2006 *by LCC*
- April 2007 Chiropractic Craniopathy 137.5 hrs Certificate  
*by LCC*
- October 2006 Whiplash 100 hrs Certificate  
*by LCC*
- September 2005 Certification in Kinesiotaping (CKTP)

#### CLINICAL RESEARCH STUDIES IN PROGRESS

N/A

#### ARTICLES, ABSTRACTS AND POSTERS - RESEARCH

**S. Provencher.** *Implementing Quantum Medicine Prevented Further Surgeries in Early Brain Injured Children. Approved for PhD Thesis on April 2019.*

**S. Provencher, JR Fissliger.** *A Bio-Psycho-Social lifestyle prescriptions® approach to assess and treat behavioral and physical health related issues in children. 2017. Podium Presentation at the Holistic Medicine and Holistic Nursing Conference. Toronto Canada.*

## Articles, abstracts and posters (con't)

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**S. Provencher.** *A collaborative model of healthcare with an integration of holistic, complementary, alternative, integrative, functional and allopathic medicine for children.* 2017. Podium Presentation at the Holistic Medicine and Holistic Nursing Conference. Toronto Canada.

**S. Provencher,** S. Mason. *A Patient Centered Integrative and Holistic Medicine Algorithm Model of Collaborative Healthcare.* 2016. Podium Presentation at the Holistic Medicine and Holistic Nursing Conference. Philadelphia PA.

**S. Provencher.** *Sacro Occipital Technic Craniopathy Strain Correction in a Two-Year-Old Female with Non-Synostotic Deformational Plagiocephaly and Right Ventriculoperitoneal Shunt- A Case Report.* 2012. Poster Presentation at ACC/RAC, Las Vegas NV.

M. Unger-Boyd, DeCamp O.N., **Provencher S.** *A Clinical Trial to Investigate Whole Body Compensation Due to Sacroiliac Joint Dysfunction.* April 2011. Poster presentation accepted for WFC, Rio de Janeiro Brazil.

S. Seekins, **Provencher S.,** Unger JF *Temporal-Occipital Cranial Strain: A Case of Pediatric Stuttering.* March 2011. Poster presentation accepted for ACC/RAC, Las Vegas NV

M. Unger-Boyd, Unger JF, **Provencher S.** *Co-management of Dystocia Resulting in a Normal Delivery - A Case Report.* March 2011. Poster presentation accepted for ACC/RAC, Las Vegas NV

B. Forgosh, **Provencher S.,** Blum CL. *Cranial Bone Imbalance, TMJ Dysfunction and Cranio-cervical Syndrome and its Effect on the Sucking Reflex in a Two Month Old Female Infant: A Case Report.* October 2010. Poster Presentation at the ICPA Research Conference, Washington DC

B. Forgosh, **Provencher S.,** Blum CL. *Successful Resolution of Congenital Torticollis with Non-Synostotic Deformational Plagiocephaly in a Three Month Old Infant: A Case Report.* October 2010. Poster Presentation at the ICPA Research Conference, Washington DC

**S. Provencher,** J.F. Unger Jr. *Sacro Occipital Research Society International: the Major's Legacy – A History Report.* May 2010. Podium presentation at the Association for the History of Chiropractic, St Louis MO. *Best Podium Presentation First Prize.*

**S. Provencher,** Unger, JF, *Effects on Postural Control with a Sacroiliac Belt and Ten Chiropractic Treatment on 11 Random Fibromyalgia Subjects: A Pilot Study.* March 2010. Poster presentation at the ACC/RAC, Las Vegas NV

**S. Provencher.** *Viscerosomatic Reflex and Cranial Distortion in a Case of Bilateral Knee Pain – A Case report.* Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

**S. Provencher.** *Bilateral Loss of Hearing after a 10,000 Feet Mountain Climbing Completely Restore by De Jarnette SOT™ and Cranial Adjustment – A Case report.* Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

**S. Provencher.** *Viscerosomatic Reflex in a Case of Unexplained Uterine Bleeding – A Case report.* Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

**S. Provencher.** *Cranial Strain in a Two Year-Old Girl with a Right Ventriculo-Peritoneal Shunt with Motor Impairments – A Case Report.* Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

**S. Provencher,** J.F. Unger Jr. *Effects on Postural Control with a Sacroiliac Belt and Ten Chiropractic Treatment on 11 Random Fibromyalgia Subjects: A Pilot Study.* Poster presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago Il April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

### Articles, abstracts and posters (con't)

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Taylor N., **Provencher S.** *Symphysis Pubis Dysfunction in Three Individuals with Pelvic and Groin Pain – Case Reports.* Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago IL April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

J.F. Unger Jr, **Provencher S.** *Thoracic & Viscerosomatic Reflex in Cases of Low Back Pain, Liver Failure and Infertility – Case Reports.* Podium presentation at the 2010 SORSI Mid-Year Research Proceedings, Chicago IL April 23th. Journal of Vertebral Subluxation Research; May 17, 2010 pp 1-29

J.F. Unger Jr, **Provencher S.**, O. N. DeCamp, *A Pilot Study: Cranial Distortion and Category II Pelvic Blocking.* IRB approve 1997, Journal of Vertebral Subluxation Research; 2009 Dec 18, p.1-11.

J.F. Unger Jr, **Provencher, S.** *Compression of the Sacroiliac Joint with a Sacroiliac Belt on 36 Subjects Improved Postural Control: A Pilot Study.* November 2009. Poster presentation at COCA 8<sup>th</sup> Biennial Conference, Sydney Australia. *Best Poster Presentation First Prize.*

J.F. Unger Jr, **Provencher, S.** *Fibromyalgia: A Chiropractic Perspective and Results of Five Subjects Pilot Study.* November 2009. Poster presentation at COCA 8<sup>th</sup> Biennial Conference, Sydney Australia.

J.F. Unger Jr, **Provencher, S.** *Chiropractic Manipulative Reflex Technique Protocol to the 8th Thoracic Vertebra in a Case of Chronic Gastrointestinal Dysfunction.* October 2009. Poster presentation at Neuroscience Brain Research: Neural Mechanism of Ingestive Behavior and Obesity Conference, Chicago IL

Zhang, J., **S Provencher**, JF Unger Jr. 2009. *Changes in Heart Rate Variability in Healthy Human Subjects on a New Bicycle Seat versus Traditional Bicycle Saddle: A Pilot Study.* April 2009. ICCR/WFC, Montréal, Canada.

DeCamp ON, **S Provencher**, M Unger-Boyd. 2009. *A Pilot Study: Investigating the Sacroiliac Syndrome.* April 2009. ICCR/WFC, Montréal, Canada.

Unger JF., **S. Provencher.** *Compression of the Sacroiliac Joint with a Sacroiliac Belt on 36 Subjects Improved Postural Control: A Pilot Study.* April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.

**Provencher S.**, JF. Unger Jr.. *Compression of the Sacroiliac Joint with a Sacroiliac Belt on 11 Subjects with Fibromyalgia Improved Postural Control: A Pilot Study.* April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.

**Provencher S.**, JF. Unger Jr. *Ten Sacro Occipital Technic and Sutural Protocol Treatment in 5 cases of Fibromyalgia – A Pilot Study.* April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.

**Provencher S.** *Improvement in Quality of Life in Two case with Fibromyalgia and Porphyria.* April 2009. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL.

**Provencher S**, JF Unger Jr. *Restoration of the Craniosacral Respiratory Mechanism in Fibromyalgia via Specific SOT™ Chiropractic and Cranial Treatments.* April 2008. Podium presentation at the SORSI mid-Year Research Symposium, Chicago IL, Journal of Vertebral Subluxation Research.

DeCamp ON, **S Provencher**, M Unger-Boyd. *A Pilot Study: Investigating the Sacroiliac Syndrome.* April 2008. Podium presentation at the SORSI Mid-Year Research Symposium, Chicago IL, Journal of Vertebral Subluxation Research.

**Provencher S.**, D. Riederer, DV Lenihan. *Neuromuscular Transmission Time Changes in Long Distance Runners.* 2007. IRB approved; Submission to Muscles and Nerves Journal in process

### Articles, abstracts and posters (con't)

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Cranwell, R., **S. Provencher**. *Case Report: Gonstead Specific Chiropractic Treatment Effect on a Patient with Grand Mal Seizure with Associated Hallucination*. 2007. Logan Library

**Provencher S.**, F. Keough, D. Monken, A. Bridgeforth, M. Unger-Boyd. 2007. *A Pilot Study: Improvement on Sway Velocity with a Sacroiliac Belt*. 2007. Logan Library

**Provencher S.**, J. Fifes, L. Killian, T. Thomas, J. Braithwaite, P. Montgomery and DV Lenihan. *A Pilot Study: The Effect on the Recruitment of the Motor Unit Pattern of the Erector Spinae Group After a Logan Basic Technique Adjustment*. 2007. Logan Library.

**Provencher S.**, S. Simmons, E. Woods, B. Nickels-Johnson, P. Pelligrino and P. Montgomery. *A Pilot Study: Determination of a Logan Basic Adjustment on the Brachial Artery Flow-Mediated Dilatation in a Student Population*. 2007. Logan Library.

**Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *Neuromuscular Transmission Time Changes in Long Distance Runners*. 2006. Logan Library.

**Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *The effect of proprioceptive training on Quadricep Femoris Muscle reflex amplitude*. 2006. Logan Library.

**Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *The effect of proprioceptive training on F-wave frequency and amplitude*. 2006. IRB approved.

**Provencher S.**, D. Riederer, C. Wawrzyniak and DV Lenihan. *The Effect Of SpineForce Training On The Nerve Conduction Velocity Of The Quadricep Femoris Muscle*. 2006. IRB approved

Zhang, J., **S. Provencher**. *Chiropractic Adjustment and Electrical Stimuli Evoked Potentials of the Lumbar Vertebrae on Somatosensory Cortex*. 2005. IRB approved

Piché M., S. Robert, **S. Provencher** and G. Bronchti. *Cross-modal plasticity in the ZRDCT/An anophthalmic mouse : c-fos immunoreactivity and anterograde dextran-biotin tracing, Brain Plasticity and Learning Therapies*. July 2003. Poster presentation at the Neuroscience conference, Turin, Italie.

Robert S., M. Piché, **S. Provencher** and G. Bronchti, *Auditory inputs and auditory activation in the visual system of ZRDCT/An anophthalmic mouse*. November 2003. Poster presentation at the Society for Neuroscience 33rd Meeting, New Orleans, USA.

**Provencher S.**, [Use of fluorescent tracer in the study of neuronal connection in the sensory brain structure of blind mice.] March 2003. Poster presentation at UQTR.

### RESEARCH EXPERIENCES

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2004 – present	Bioresonance, Biowell, Biofeedback, HeartMath, Needle EMG, surface EMG, surface SSEP, HRV, SpineForce, NeuroCom balance master, Midot balance unit, F-wave, M-wave, H-reflex, Pro-adjuster, jitter, vibration power-pate, algometer
2002 - 2004	Microtome brain cutting, microscopy, fluorescence and Biotin dye injection into mice and rats brain, perfusion mice and rats hearts with paraformaldehyde, anesthesia with Somnotol, Immunofluorescence, C-Fos protocol, Myelin/ Eosin/Chrom-alum histological stain

### PROFESSIONAL MEMBERSHIPS

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Lifetime	Sacro Occipital Research Society International, Inc. (SORSI)
Lifetime	Association for the History of Chiropractic (AHC)
2017 - Present	American Association of Anti-Aging (A4M)
2017 - Present	American College of Lifestyle Medicine (ACLM)
2017 - Present	International Foundation for Integrated Care (IFIC)
2017 - Present	Academy of Integrative Health and Medicine (AIHM)



2017 - Present	American Society for Nutrition (ASN)
2016 - Present	American Association of Drugless Practitioners (AADP)
2016 - Present	American Alternative Medical Association (AAMA)
2016 - Present	American Holistic Health Associate (AHHA)